

Kit List

- Sleeping bag **OR** 2 sheets **OR** duvet and 1 sheet
- Pillowcase
- A warm coat or anorak
- A waterproof coat of some sort
- Trainers for indoor games
- Strong comfortable outdoor shoes suitable for wet and muddy conditions
- Towel (a second towel for swimming would be a good idea)
- Shampoo, Soap, flannel, toothbrush and toothpaste
- 2 pairs of jeans/trousers
- T-shirts/blouses/jumpers
- Underwear
- Night wear
- Socks
- A really warm sweater
- Swimming things
- NIV Bible
- A ballpoint pen or pencil
- Notebook
- A small drinks bottle (for extra water on adventures)
- Sun cream

Optional items

Tissues

Book

Stamps for sending letters/postcards!

Please note: Young People should not bring iPods, MP3 players or expensive/unsuitable items. Mobiles are allowed!